



Please let us know if you have any allergies

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Chicken Nuggets
Mashed Potatoes
Steamed Broccoli
Fruit & Milk
Or Turkey Sandwich

5

French Toast
Hash Browns
Sausage
Fruit & Milk
Or Turkey Sandwich

6

Homemade Pizza
Caesar Salad
Fruit & Milk
Or Turkey Sandwich

7

Chili over Rice
Corn Bread
Seasoned Green Beans
North Country Apple Slices
Assorted NY Milk
Or Turkey Sandwich

8

Sampler: 3 Mozzarella Sticks, 3 Chicken Strips
Cheese-filled Breadstick
Three Bean Salad
Fruit & Milk
Or Turkey Sandwich

9

Chicken Fajita & Cheese Wrap
Steamed Rice
Roasted Carrots
Fruit & Milk
Or Ham & Cheese Sandwich

12

Ham & Cheese Croissant
French Fries
Steamed Broccoli
Milk & Fruit
OR Ham & Cheese Sandwich

13

Homemade Pizza
Iceberg Garden Salad
Fruit & Milk
Or Ham & Cheese Sandwich

14

Hot Turkey Sandwich
Mashed Potatoes
Stuffing
Butternut Squash
Fruit & Milk
Or Ham & Cheese Sandwich

15

Quesadilla
Refried Beans
Red Pepper Strips
Fruit & Milk
Or Ham & Cheese Sandwich

16

MARTIN LUTHER KING JR. DAY

19

Loaded Potato Bowl (popcorn chicken, mashed potatoes, cheddar cheese)
Steamed Corn
Broccoli
Fruit & Milk
Or Egg Salad Sandwich

20

Homemade Pizza
Broccoli Salad
Fruit & Milk
Or Egg Salad Sandwich

21

Lasagna
Garlic Toast
Garden Salad
Fruit & Milk
Or Egg Salad Sandwich

22

Chicken & Biscuits
Mashed Potatoes
Roasted Baby Carrots
Fruit & Milk
Or Egg Salad Sandwich

23

Hotdog on a Bun
Sweet Potato Fries
Fruit & Milk
Or Chicken Salad Sandwich

26

Tacos or Taco Salad
Black Bean & Corn Salad
Fruit & Milk
Or Chicken Salad Sandwich

27

Homemade Pizza
Three Bean Salad
Fruit & Milk
Or Chicken Salad Sandwich

28

NY THURSDAY MENU:
Macaroni & Cheese
Garlic Breadstick
Glazed Carrots
North Country Apple Slices
Or Chicken Salad Sandwich

29

Grilled Cheese Sandwich
Tomato Soup
Steamed Corn
Fruit & Milk
Or Chicken Salad Sandwich

30

ALTERNATE LUNCH OPTIONS

PB & Jelly Sandwich w/Cheese Stick
Hamburger on Bun
Yogurt Parfait

PB & Jelly Sandwich w/Cheese Stick
Chicken Caesar Salad
Garlic Breadstick
Yogurt Parfait

PB & Jelly Sandwich w/Cheese Stick
Chef's Choice
Yogurt Parfait
Chef Salad/Bread

PB & Jelly Sandwich w/Cheese Stick
Pizza Dunks
Yogurt Parfait
Chef Salad/Bread

PB & Jelly Sandwich w/Cheese Stick
Fish Burger on Bun
Yogurt Parfait
Chef Salad/Bread

BREAKFAST

Breakfast Pizza

Scrambled Eggs & Sausage Links

Cinnamon Roll

Breakfast Sandwich

French Toast

Daily Breakfast: Assorted Hot & Cold Cereal, Yogurt, Hard Boiled Egg, Peach & Yogurt Smoothie, Fresh Fruit

Daily Lunch: Fresh Fruit & Vegetable

Menu subject to change without notice.
This institution is an equal opportunity provider and employer.