

# Daily Learning Planner

*Ideas families can use to help children  
do well in school*

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THE  
**PARENT**  
INSTITUTE®

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## Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Try a new kind of transportation with your child, such as a bus, subway or train.
- 2. Together, write a poem about your family. Start each line with a letter from the word FAMILY.
- 3. Have your child watch for seasonal changes in plant and animal life in your neighborhood and keep notes in a journal.
- 4. Write fractions on cards. Mix them up. Have your child put them in order from smallest to greatest.
- 5. Celebrate National Noodle Month. Ask your child to help you fix pasta for dinner.
- 6. Place a long piece of string in a clear bag. Ask your child to estimate if it is longer or shorter than your height. Then take it out to check.
- 7. Give your child some objects to organize, by color, shape or size.
- 8. Ask your child questions that require more than a *yes* or *no* answer: "What was your favorite part of the story?"
- 9. Ask your child to draw a future self-portrait. What will your child look like in 10 years?
- 10. Have each family member write a funny sentence. Put them together to create a story.
- 11. It's Women's History Month. This year's theme is "Women Who Tell Our Stories." Help your child learn about a famous woman writer.
- 12. Go for a walk or bike ride today. Challenge each other to spot something you haven't seen before.
- 13. Play a card game, such as Go Fish, with your child.
- 14. Does your child have a special reading and study spot? Keep paper, pencils and other school supplies handy nearby.
- 15. Show your child how to figure out which way the wind is blowing by using a wet finger or looking at the trees.
- 16. Demonstrate how to take your child's pulse. Then have your child jump up and down 50 times and take it again.
- 17. Let your child use a toothpick dipped in lemon juice to write an invisible message. To read it, hold the paper up to a light bulb.
- 18. Help your child fold paper to make different types of airplanes. See which ones fly the best.
- 19. Plan a device-free night. Read or listen to music together instead.
- 20. Have your child write a short story from the point of view of a tree.
- 21. Ask your child, "What would you do with five dollars?"
- 22. Does your child know when your town was founded? If not, look it up together.
- 23. Play a game of Simon Says with your child.
- 24. Have a 20-minute DEAR time today (Drop Everything And Read).
- 25. Practice stress-busters together, such as breathing deeply.
- 26. Find a kid-friendly recipe. Help your child make that dish today.
- 27. Ask your child to use a "radio announcer voice" when reading to you.
- 28. Take turns describing the most beautiful places you and your child have ever seen.
- 29. Ask your child, "What are you thinking right now?"
- 30. Have your child fill in the blank: "If I had one wish, it would be \_\_\_\_."
- 31. Review some civics facts today. Can your child name the branches of the government?